

WORLD POWERLIFTING CHAMPIONSHIPS 2025

27th – 30th November 2025 at
Colombo, Sri Lanka



EVENT ORGANISERS

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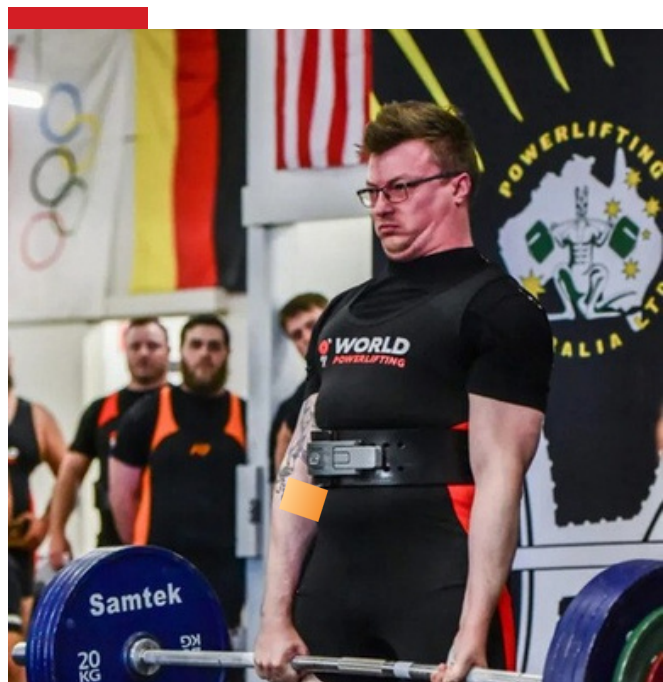
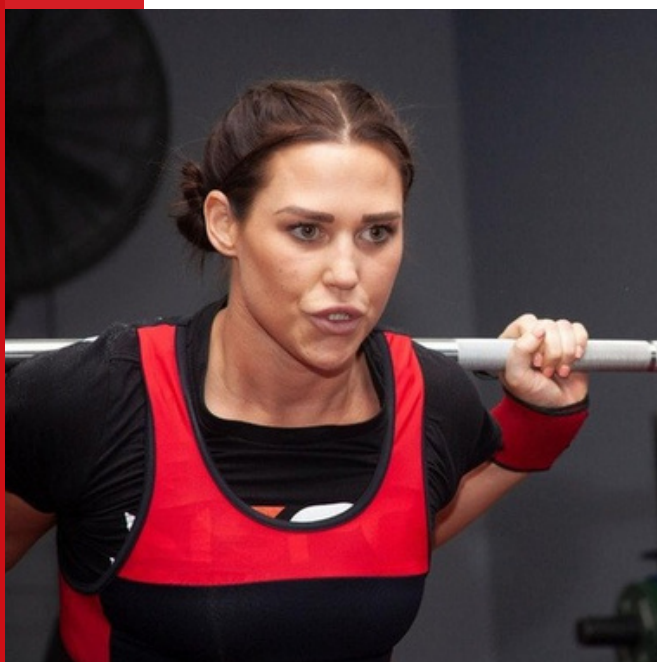
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■ **Mr. Robert Wilks**
WorldPowerliftingContact
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KEY DATES

November 26th Wed/Thu	Coaching Course
November 27th Thu	Referees Exam & Technical Meeting
November 28th Fri	Competition Day 1 - 48, 53, 58 + 62, 69, 77kg*
November 29th Sat	Competition Day 2 - 64, 72 + 85, 94kg*
November 30th Sun	Competition Day 3 - 84, 100, 100+, 105, 120, 120+kg* + Presentation Dinner

*approximately



EVENTS

Powerlifting (Squat + Bench Press + Deadlift)

Equipped Powerlifting
(Squat + Bench Press + Deadlift)

BenchPress
Deadlift

ELIGIBILITY

Championships open to lifters in teams nominated by World Powerlifting member federations and individual lifters from other nations as approved by the World Powerlifting Board.

ENTRIES

Entries may be made on-line at worldpowerlifting.com/events or by e-mail to ruwanpaul@gmail.com. Confirm lifter names, event(s) entered, dates of birth and bodyweight class by e-mail to ruwanpaul@gmail.com.

Entry fees are -

- Powerlifting USD150
- Bench Press USD100
- Deadlift USD100

Each individual lifter add USD30 anti-doping fee.

Payment to be made via Stripe at worldpowerlifting.com/events or by arrangement with ruwanpaul@gmail.com.

Closing date for entries and fee payment is **6th November 2025**

ANTI-DOPING

In-competition testing will be conducted by the Sri Lanka WADA recognized National Anti-Doping Organization.

All World Powerlifting athletes are subject to out-of-competition testing at any time.

All lifters should attend to any Therapeutic Use Exemption applications as per WADA requirements – see wada-ama.org



VENUE

Meetings 26th and 27th will be at Riverside Hotel, Competition and Dinner will be at Vivanta Airport Garden Hotel Colombo, 234-236 Colombo-Negombo Road, Seeduwa 11410, Sri Lanka.

EQUIPMENT

Samtekrack, bars, discs on stage.
Three Samtek or similar stations will be in operation in the warmup area.

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AWARDS

Event medals will be presented at victory ceremonies after each session. Lifter dress code for the ceremonies is team suit + team shirt – no correct dress, no medal.

Championships specific medals will be awarded to all placegetters in Open and also in age groups.

Trophies for Best Lifters and Champion Teams will be awarded at a presentation dinner 6.00pm. Sunday 30th November at Vivanta Hotel.



COACHES

All coaches must be nominated by their WP national Federation. At the event coaches must attend the weigh-in with lifters they are coaching and be attired as per World Powerlifting rules (i.e. team or WP approved t-shirt or polo, tracksuit or shorts, sports shoes).

Maximum coaches per nation/lifter at Sessions as per World Powerlifting rules –

- 1 lifter from the nation - 2 coaches 2 lifters
- from the nation - 3 coaches 3 lifters from the
- nation - 5 coaches 4 or more lifters from the
- nation - 7 coaches.

SECURITY

Security passes will be issued to all approved lifters, coaches and officials. Only those with passes will be permitted in competition and/or warmup areas.

Within venue security will be handled by Sentryco Security Ltd www.sentryco.net

Sri Lanka Police will be deployed in the area of the Vivanta to provide perimeter security and traffic management..

SPOTTERS

The Sri Lanka Department of Defence Army, Navy and Air Force Sports Sections spotting teams will be onstage and in the warmup area throughout the competition.

DATA

Data management will be by Microweb Global Ltd www.microweb.global . Results will be recorded via OpenLifter software and uploaded onto worldpowerlifting.com/results and openpowerlifting.org .

STREAMING

Videorecording, big screen presentation and streaming will be managed by Cine Media Productions Pty Ltd www.cinemdia.lk

PHOTOGRAPHY

Event photography and videography will be by Shaan Art Productions/Hasitha Rukshan Pty Ltd. www.shaanartphotography.com



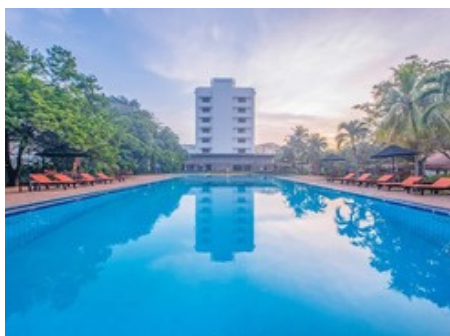
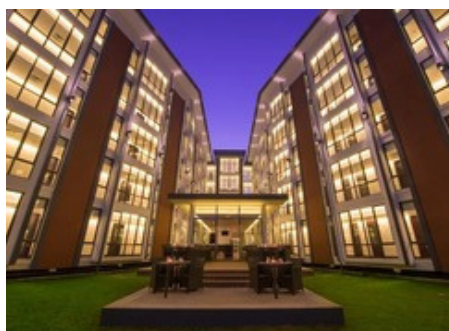
ACCOMMODATION

The following are recommended hotel options; contact the hotels direct for bookings, quoting “World Powerlifting Championships” –

Vivanta Colombo Airport Garden (the Championships venue) –

Visit for Booking www.vivantahotels.com or Contact - +94114400900

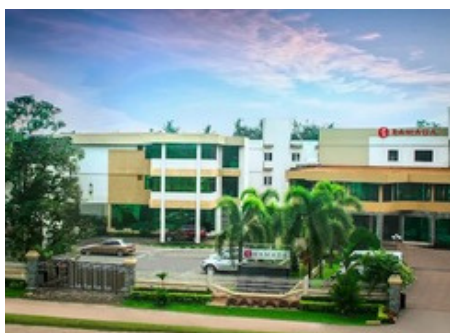
(From 130 USD Per Single, USD146 twin/double)



Ramada by Wyndham Katunayake

Visit for Booking www.ramadakatunayake.com or

Contact - +94 11 2253646 | +94 11 2253647 (From 82 USD Per Night)



Riverside Hotel Colombo

Visit for Booking www.riversidehotelcolombo.com or

Contact - +94 778 481 494 | +61 417 713 034 (From 15 USD Per Night)



ATTRACTIONS

If you have scheduled time for some rest, recreation and sightseeing, here are some sites you may wish to experience:

Sigiriya

Sigiriya is an ancient rock fortress located in the northern Matale District near the town of Dambulla in the Central Province, Sri Lanka. It is a site of historical and archaeological significance that is dominated by a massive column of granite approximately 180 m high.



Anuradhapura

Anuradhapura is a major historical city located in the north central plain of Sri Lanka. The 8 sacred places in Anuradhapura, known as the Atamasthana, are the locations where the Buddha visited during his trips to the island and are sacred sites for Buddhists. These include the Jaya Sri Maha Bodhi, Ruwanwelisaya, Thuparamaya, Lovamahapaya, Abhayagiri Dagaba, Jetavanarama, Mirisaveti Stupa, and Lankarama.



Polonnaruwa

Polonnaruwa, also referred to as Pulathisipura and Vijayarajapura in ancient times, is the main town of Polonnaruwa District in North Central Province, Sri Lanka. The modern town of Polonnaruwa is also known as New Town, and the other part of Polonnaruwa remains as the royal ancient city of the Kingdom of Polonnaruwa.



Down South - Unawatuna

Unawatuna is a town in southern Sri Lanka. It's known for its coral reef and its palm-lined beaches, like Unawatuna Beach. Nestled in nearby jungle, the Japanese Peace Pagoda has a stupa with ocean views. The Sea Turtle Farm and Hatchery south of town protects endangered species. North across the bay is the city of Galle's fortified old town, founded by the Portuguese and expanded by the Dutch in the 17th century.



Pinnawala

Pinnawala is a village in Kegalle District of Sri Lanka and is around 90 km from the capital, Colombo. It is well known for its elephant orphanage.



Kandy

Known as a pilgrimage destination for the Temple of the Tooth Relic (a sacred tooth of the Buddha), a listed UNESCO World Heritage Site, Kandy is a sacred city, due to the importance and spiritual significance of this temple.



PARTNERS



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